April 16th Health Care Decisions Day

Senior Center Listing:

Monday, April 16th
- Beaverton Community Center – 12:00 noon
- Antler Arms Senior Center – 11:00 a.m.
- Ogemaw County Senior Center – 12:00 noon
- Oscoda Council on Aging – 12:00 noon
- Roscommon Senior Center – 12:00 noon
- Houghton Lake Senior Center – 12:00 noon
- St. Helen Senior Center – 12:00 noon

Tuesday, April 17th
- Arenac County Senior Center, Omer – 11:30 a.m.

*Details on the cover.

Hospice of Helping Hands, Inc.
Board of Directors
Noreen Connolly, Chairperson
Rev. Dan Stoneback, Vice Chairperson
Dave Beck
Ruth Golden
Nancy Griffin
Christine Juarez
Tim Laugh
Robert McGrail
Edward Naglera
Glen Painter
Liz Steinhurst
Blanche Watkins, Executive Director

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Hospice of Helping Hands, Inc.
335 E. Houghton Ave.
West Branch, MI 48661
800-992-6592
www.hospiceofhelpinghands.com

How are non-profit and for-profit hospices different?

Did you know that not all hospice programs are the same? The National Hospice and Palliative Care Organization reported in their 2011 Facts and Figures that the number of hospice programs nationwide is continuing to grow and now totals 5,150. Here in Northeast Michigan, there are over a half dozen hospice programs available to those in need of end-of-life care. It seems the general public still has the misconception that all hospices are the same, being related under an imaginary umbrella. While these hospice programs all provide the same basic end-of-life services, there are vast differences between each program’s mission and goals that can impact the services your loved one receives. Hospice of Helping Hands, Inc. is one of the very few hospice programs in Northeast Michigan that remains a 501c3, non-profit hospice organization. In an industry that is experiencing a major shift from non-profit to for-profit agencies, this is an important factor to consider when selecting a hospice agency for a loved one.

April 16th - National Health Care Decisions Day

Hospice of Helping Hands, Inc. along with other national, state and community organizations, are leading a massive effort to highlight the importance of advance healthcare decision-making—an effort that has culminated in the formal designation of April 16 as National Healthcare Decisions Day (NHDD). As a participating organization, Hospice of Helping Hands is providing information and tools for the public to talk about their wishes with family, friends and healthcare providers, and execute written advance directives (health care power of attorney) in accordance with Michigan state laws.

April 16th, several Northern Michigan Senior Centers are welcoming Hospice of Helping Hands employees into their facility to provide a brief presentation on the importance of organizing your health information, the difference between a DPOA and living will, and empowering your health care. Following the presentation, advance directive forms will be available, as well as Hospice of Helping Hands staff to assist in explaining or completing the forms.

A complete list of participating senior centers is provided inside this newsletter.
They exist to make a profit, therefore paying their board members or stock dividends. A non-profit does not pay their board members or concern themselves with the “greater good of the community.” A non-profit hospice program does not pay its board members or shareholders - because they don’t have shareholders. Instead a non-profit hospice is able to utilize all their funds for the benefit of the patients and families they serve.

Since 1979, Hospice of Helping Hands, Inc. has been working to serve the greater good of the community by providing expert end-of-life care to our friends and neighbors, regardless of ability to pay. As a non-profit hospice program, Hospice of Helping Hands has also been able to provide additional community services including free grief support groups, community educational programs, and specialized children’s bereavement services – including Camp Warm Hearts, our children’s weekend winter grief camp. With a history that started with a group of big-hearted volunteers that served Warm Hearts, our children’s weekend winter grief camp. A non-profit hospice program, Hospice of Helping Hands has also been able to provide additional community services including free grief support groups, community educational programs, and specialized children’s bereavement services – including Camp Warm Hearts, our children’s weekend winter grief camp. With a history that started with a group of big-hearted volunteers that served Warm Hearts, our children’s weekend winter grief camp.

### The difference between a for-profit and non-profit hospice chart

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### Hospice Announces New Staff

Hospice of Helping Hands, Inc. is proud to announce the addition of two new staff members: Marie Marshall and Carrie Rasmusson, LLBSW.

Marshall is joining the marketing staff under the official title of Community Liaison. She is responsible for marketing efforts in Crawford, Ogemaw, Oscoda, and Roscommon counties. Marshall comes to Hospice of Helping Hands, Inc. with an LPN license and 6.5 years hospice/home care experience from Heartland Homecare and Hospice.

Rasmusson’s background includes two years of social work experience at AuSable Valley Mental Health, three years of non-profit experience at Riverhouse Shelter as the youth advocate and volunteer coordinator, and three years of experience as a counselor at Hospice of Helping Hands’ children’s grief camp – Camp Warm Hearts. Rasmusson is currently working on attaining her MSW from Michigan State University with an expected graduation date of May 2013.

Hospice of Helping Hands, Inc. is proud to have both these ladies join their staff of experts in end-of-life care.

### Remember When...

In the Summer of 1990, Ruth Sabo and Ruth Sheets dressed like ducks to sell Hospice of Helping Hands Duck Race tickets in downtown West Branch.

#### 2012 Duck Race

Saturday, July 7th at Iron’s Park, West Branch

Call 800-992-6592 for tickets.

### Hospice of Helping Hands, Inc.

**Hearts for Hospice** continued from front page...

“The first year we got the hearts, I bought $50 worth,” says Bob McGregor. “I took the hearts and wrote each of my grandchildren’s names on them and put them up on the wall.”

When Andrea Hudson, a McGregor’s employee, came in to work that day, Bob told her he sold all those hearts himself. Even though Andrea was doubtful, claiming he couldn’t have sold that many hearts in two hours, Bob reassured her he sold them and the competition began. Now, every year each employee at McGregor’s competes to see who can sell the most Hearts for Hospice. When the employee sells a heart, they write their initial on the back of the heart and put it up on the wall. At the end of the campaign, all the hearts come off the walls, windows, and ceiling to be counted and tallied in order to determine the top-selling employee. When asked what that top-selling employee got for their relentless efforts to sell Hearts for Hospice, Glenda replied, “bragging rights for a year.”

### The 2012 top selling Hearts for Hospice business establishments by county are as follows:

- Arenac County: Miss Michelle’s Country Kitchen
- Gladwin County: Central Michigan Federal Credit Union
- Iosco County: Oscoda Citgo
- Ogemaw County: McGregor’s Country Store
- Oscoda County: First Federal of Northern MI Credit Union
- Roscommon County: Spikehorn Restaurant and Lounge

This year over 75 businesses participated in Hearts for Hospice raising over $5,000. The funds will go to help provide extra services to Hospice of Helping Hands patients and families.

### “Wings of Hope” Memorial Service

Saturday, May 19th

10:00 a.m., Iron’s Park, Large Pavilion, West Branch, MI

Pictures for the memorial video are due by Friday, April 27th. The memorial service is open to any community member who would like to pay tribute to a loved one. For more information, contact the Hospice of Helping Hands office at 800-992-6592.
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New Grief Support Group Starting

Meeting Location: Hospice of Helping Hands, West Branch
(in the Medical Arts Building)
335 E. Houghton Ave., West Branch, MI

Meeting Dates:
Wednesdays: May 30, June 6, 13, 20, 27
10 – 11:30 a.m.
Free refreshments will be provided.
Registration is required.

For registration or additional information, please contact:
Hospice of Helping Hands at 989-343-3500 or 800-992-6592.

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“SCOTTY” MEMORIAL GOLF TOURNAMENT
4-Person Scramble

Friday, August 3, 2012
8:30 a.m. Shotgun Start
“The Dream” in West Branch, MI

TEAM REGISTRATION

Team Name: ______________________________
Company Name: __________________________
Contact Name: ____________________________
Address: __________________________________

Phone: __________________________________
Email: ___________________________________

Team Members’ Names:
1. _______________________________________
2. _______________________________________
3. _______________________________________
4. _______________________________________

Cost is $75 per golfer. Please make checks payable to Hospice of Helping Hands, Inc.

Send to:  Hospice of Helping Hands, Inc.
Attn: Golf Tournament
335 E. Houghton Ave.
West Branch, MI 48661

Thank you for your donation. All proceeds benefit Hospice of Helping Hands, Inc., a non-profit organization serving your community since 1979.

V O L U N T E E R  N O T E S

Save the Date

Volunteer Educational Inservice & “Coffee Break”
Monday, May 21, 1:00 pm
HHH Conference Room
Topic: Patient Care Review

2012 Volunteer Appreciation Dinner & Competency Review
Thursday, May 31, 5:30 pm
It’s a great evening, you won’t want to miss!

Thank You!

A heartfelt thanks to all the volunteers who helped with the Hearts for Hospice fundraiser!
It was another successful year, raising $85 more than last year.

A special thanks to Ken Chapman for already preparing the Hearts for Hospice packets for next year!

Learning about Lung Disease
Free Public Presentation

Discussing:
• Treatments
• Prevention
• When hospice benefits are available

Monday, April 9th @ 11am
Robert J. Parks Library, Oscoda, MI

Monday, April 23rd @ 11am
Houghton Lake Public Library, Houghton Lake, MI

Wednesday, April 25th @ 11am
AuSable Valley Community Apartments, Fairview, MI

Monday, April 30th @ 11am
John Tolfree Health System Medical Arts Center, West Branch, MI

Tuesday, May 1st @ 10:30 am
The Brook of Gladwin, Gladwin, MI

Thursday, May 3rd @ 11 am
Saganing Community Center, Standish, MI

Monday, May 14th @ 11 am
The Brook of Grayling, Grayling, MI

To register, call 800-992-6592.

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Hearts for Hospice a Success
February 1st – 15th, red and gold hearts covered the walls and windows of several local businesses who participated in the Hearts for Hospice fundraising campaign. Red paper hearts were sold for $1.00 each and gold hearts were sold for $5.00 each with all proceeds benefiting Hospice of Helping Hands, Inc.

The 2012 overall top selling Hearts for Hospice business establishment was McGregor’s Country Store in Presque Isle for the second year in a row. Owners Bob and Glenda McGregor explained how the small party store motivated their employees to sell Hearts for Hospices since they started participating in the campaign three years ago.

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